

VOLUNTEERING

TOMNET is widely recognised for its volunteering and support network. Our purpose is to help retired, and retiring men create and live a meaningful and productive life during retirement. Our programs offer a chance to connect with men, whilst supporting each other, and other members of the community.

1

RESIDENTIAL AGED CARE VISITING

WE regularly visit male residents in aged care facilities, listening to, and celebrating their life stories, helping them deal with the stress of transition, and reducing loneliness.

2

BARBECUE TEAM

Our barbecue team provides a hassle free service, cooking at regular events for community organisations and local businesses. This is a great way to meet new people, building friendships along the way.

3

TELEPHONE SUPPORT PROGRAM

WE provide regular phone calls to Members who are isolated and unable to attend regular TOMNET activities.

4

INTERGENERATIONAL READING PROGRAM

WE provide Volunteers to read at facilities that provide care for young children. The TOMNET Reading program connects pre-school children with Volunteers to support the reading skills in a safe environment.

5

MENTORING PROGRAM

WE support and enhance the lives of disadvantaged youth through sharing their skills, capacity, and life experiences. The TOMNET Mentoring programs connect young adults with Volunteers.

6

PEER SUPPORT PROGRAM

WE provide support to our affiliated groups across South-West Queensland, and help establish new peer groups.

7

PCYC BRAKING THE CYCLE PROGRAM

WE partner with the PCYC program, which enables learner drivers to obtain the required number of hours to achieve their licence. The program supports disadvantaged young people to develop core life skills and increase employment opportunities.

Further information www.tomnet.org.au or (07) 4638 9080