TELEGRAPH



223 Hume St Toowoomba QLD 4350 | (07) 4638 9080 | admin@tomnet.org.au | www.tomnet.org.au

TOMNET President hands over the baton

At the AGM on 12th October 2022, Stan Carroll handed over the baton as the President of TOMNET after 9 years of service. Stan had not long joined TOMNET in 2011,

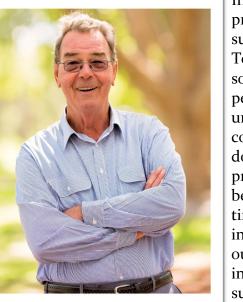
when he 'willingly' put his hand up to take over the reins from founding President, Noel Hannant.

During his Presidency, Stan walked the talk in his leadership of an organisation whose charter is supporting older men. Stan has served countless sausages as part of our BBQ team, visits three aged care facilities, and has mentored students at the Flexi School since 2014. Stan was part of the PCYC Brake the Cycle program, and

coordinated many visits to our affiliate groups. Stan managed Gold Park when we held TOMNET on Wednesday's at the venue, and set up the donation of goods from Born and Bread Bakery.

He has facilitated many weekly meetings and attends each men's group to help connect with our Members, new and old. During COVID, Stan called over 250 Members checking on their welfare and has folded a zillion TOMNET newsletters ready for

posting. It is unlikely he will cease these activities in the future, as that's just the type of bloke Stan is.



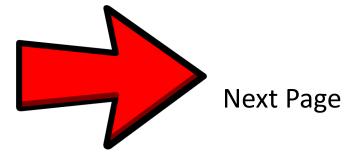
In between all of this, he has provided immeasurable support to the TOMNET Team. He has provided sound advice during stressful funding periods of uncertainty, signed stream continuous documents, attended many a promotional event, and has been interviewed multiple times to promote our cause in the community. Louise, General Manager is our incredibly grateful for the support Stan has provided.

Stan will be continuing to serve TOMNET as General Committee Member.

We also thank Greg Jones, who is stepping down from the Secretarial position to travel more next year. John Miners is also stepping down after 8 years of service since 2014 and is now enjoying his new town of Warwick.

On behalf of all TOMNET Members and staff – thank you.

Introducing TOMNET's new President



TOMNET welcomes our third President

It is with great pleasure; we introduce our new President -Bernie Moran. Bernie joined TOMNET in 2020 and been on the Management Committee since then.

Bernie originates from Moree where he spent many years as a Sales & Branch Manager with G.I.Case Company. He relocated to Toowoomba with his wife, Carmel and 2 kids in 1986. In 1988 he joined BMS Hardware spending time at all three branches.

Bernie comes with extensive business experience and is very community minded. In his time with TOMNET, he has been involved in many barbecues among many other things. We look forward to Bernie's leadership over the next four-year term.



We welcome 4 new faces joining the Management Committee:

Graham Miller - Secretary. Graham was a primary school teacher and principal for 40 years before retiring in 2002. He has served the community in many volunteering roles, including Apex, Toowoomba & District Down Syndrome Group, Heart Foundation and Red Cross. He has also been a member of Toastmasters for 36 years. He brings many years of experience as a secretary and executive in these roles.

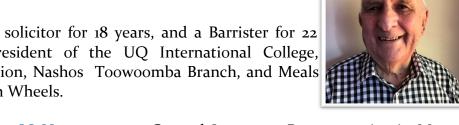




Ian Bray originally had a business on the Sunshine Coast, then became workshop manager for CJR Industries. Since then he has graduated as a Manufacturing Engineer, and gained accreditation in the Aged Care Industry and various other occupations as well. Ian and his wife, Elizabeth have two children and five grandchildren, all of whom live in Toowoomba. Of all the rolls I have filled, being a grandfather is the roll I enjoy most.

Bill McMillan was a solicitor for 18 years, and a Barrister for 22 years. While also President of the UQ International College, Criminal Law Association, Nashos Toowoomba Branch, and Meals

on Wheels.



Pat McNamee was a General Insurance Representative in Moree and a Sales Rep in Toowoomba, both times covering large western territories, completed Diploma in Diversional Therapy TAFE course after turning 50 and worked in that field for 13 years Pat has also volunteered his time on many committee's including East Creek Community Centre, Pastoral Council - St Thomas More's Catholic Parish, Apex, and Toowoomba Rangers Rugby Club.

Other elected General Committee Members are Stan Carroll, Jim Aulbury, Ross Lange, Rob Burey.

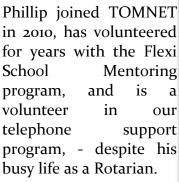
Recognition of Life Members

The following TOMNET Members have been recognised as Life Members by the Management Committee.



Greg Jones

Greg joined TOMNET in 2016. Greg has been part of the Management Committee since 2018, and took over as secretary in 2021. He volunteers on many BBQ's, events and phone support program.





Phillip Charles



Bill joined TOMNET in 2012. He is a long-time mentor supporting students at Flexi School -- also in between his life dedicated to serving many community organisations, including Rotary.

Bill Mason



Terry Pailthorpe

Terry joined TOMNET in 2015 and promotes TOMNET at Expo's, volunteers for many barbecues and was Treasurer on our Management Committee



Greg Sellars

Greg joined TOMNET in 2016, joined the Management Committee in that year also, and became Secretary in 2018. Greg has cooked many barbecues and helps promote TOMNET at various events. He also was part of Lourdes Aged Visiting Program and the PCYC Brake the Cycle driving mentoring program.

Life Memberships recognise those who have given outstanding service and commitment to the network.

Thank you Gentlemen.

what's on

MONTHLY MEETINGS

WEDNESDAY 8th NOVEMBER 2022
WEDNESDAY 11th JANUARY 2023

10am - 12.00 noon, followed by a BBQ lunch

\$2 entry
RAFFLES | GUEST SPEAKER
ALL MEMBERS WELCOME

South Toowoomba Baptist Church, 279 Geddes St

LUKE'S WORKSHOP

Dealing with life's challenges together SATURDAY 12th NOVEMBER | 9.00 a.m.

TOPIC:

Preparing for the festive season

Contact the TOMNET Centre to book these events - 07 4638 9080.



Christmas Office/Meeting Dates

DECEMBER 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12 Normal Morning meeting 9.30 - 11.30am	3 Normal Morning meeting 9.30 - 11.30am	14 TOMNET Christmas party 12-2pm	15 Normal Morning meeting 9.30 - 11.30am	16
19 Normal Morning meeting 9.30 - 11.30am	20 Normal Morning meeting 9.30 - 11.30am TOMNET Office Closes 12pm	21 Lake Annand Group Meeting 9.30 a.m.	22	23
26 TOMNET Office Closed	27	28 Lake Annand Group Meeting 9.30 a.m.	29	30

JANUARY 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 TOMNET Office Closed	3	4 Lake Annand Group Meeting 9.30 a.m.	5	6
9 TOMNET Office Re-opens	10 Weekly Meetings recommence	11 TOMNET Monthly Meeting 10 a.m. BBQ Lunch	12 Weekly Meetings Recommence	13

Ideas to stay connected with others this Christmas

deas for Members to stay connected with their fellow TOMNET Members during the Christmas period.

Phone a Mate: Make a commitment to call your mate and have a chat. Make someone's day and spread some joy this Christmas time.

Lake Annand catch-up: Attend the weekly meeting at Lake Annand to catch-up with your mates. Bring your own coffee/tea from 9.30 a.m. at the Lake Annand Rotunda on Long St.

Invite some friends over for a barbecue, go out for lunch, or just a coffee.

Volunteer opportunities: Search here: www.volunteer.com.au/volunteering/in-toowoomba-qld-4350



TOMNET Management Committee

President Bernie Moran	Vice President Alan Yorkston	Secretary Graham Miller
Treasurer Allan Jones	Ross Lange	Stan Carroll
Rob Burey	Bill Mc Millan	Jim Aulbury
Pat Mc Namee		Ian Bray

The Mgt. Committee meets on the 3rd Wednesday of each month.



Burstows kindly print the TOMNET newsletter. www.burstows.com.au

Support businesses who support TOMNET



Local businesses show their support to TOMNET by donating prizes and goods for our Members. Thank you for your generosity.



Postal Address:

PO Box 7801 Toowoomba South Qld, 4350 POSTAGE PAID AUSTRALIA

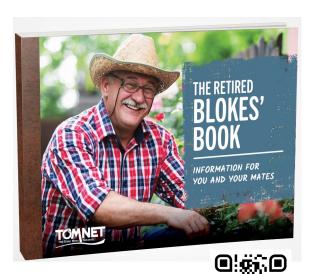


The Retired Blokes' Book

The Retired Bloke's Book is a directory of services, contacts, support groups, and current information from services in your community.

This book is a free resource to help you plan for a meaningful retirement and make it one of the best chapters in your life.

Call TOMNET for your copy 074638 9080 www.tomnet.org.au



Download by scanning the QRCode.

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