

TOMNET

VOLUNTEERING

TOMNET is widely recognised for its volunteering and support network. Our purpose is to help retired, and retiring men create and live a meaningful and productive life during retirement. Our programs offer a chance to connect with men, whilst

1

RESIDENTIAL AGED CARE VISITING

WE regularly visit male residents in aged care facilities, listening to, and celebrating their life stories, helping them deal with the stress of transition, and reducing loneliness.

2

BARBECUE TEAM

Our barbecue team provides a hassle free service, cooking at regular events for community organisations and local businesses. This is a great way to meet new people, building friendships along the way.

3

TELEPHONE SUPPORT PROGRAM

WE provide regular phone calls to Members who are isolated and unable to attend regular TOMNET activities.

4

MENTORING PROGRAM

WE support and enhance the lives of disadvantaged youth through sharing their skills, capacity, and life experiences. The TOMNET Mentoring programs connect primary school children and young adults with Volunteers.

5

MINSTRELS SINGING GROUP

WE provide entertainment at many aged care facility residents, and community events.

6

PEER SUPPORT PROGRAM

WE provide support to our affiliated groups across South-West Queensland, and help establish new peer groups.

7

PCYC BRAKING THE CYCLE PROGRAM

WE partner with the PCYC program, which enables learner drivers to obtain the required number of hours to achieve their licence. The program supports disadvantaged young people to develop core life skills and increase employment opportunities.